"The South 40"
by JAMES A. SMITH
EXTENSION AGENT

This year there are 129 Senior bulls on test. When we took their final weights August 22, there were 57 that weighed 800 pounds or more. The bulls were born in September, October and November, 1978. After 140 days on feed test there will be a lot of 1,000 pound bulls.

The current group is the largest number of Senior bulls ever tested at Red House.

* * *

Often times gardeners will notice wasps on pea vines. Contrary to what some may believe-this is not the insect that makes the puncture in the peas. The wasp is feeding on the sweet secretion that is found near the stem and flowers.

The puncture is done by a small dark colored insect called the cowpea curculio. Sevin will control this insect if applied weekly, beginning when pods are formed.

* * *

Parts of Appomattox received more than five inches of rain last week, the most that we've had in such a short period in a long time. It will delay silage harvest.

We have one of the best corn and tobacco crops in a long time. The potential for a high yielding soybean crop is likewise before us.

* * *

In a few days we will be mailing to all farmers a list of recommended small grain varieties for this fall.

Fall oat varieties that have been traditionally grown in this area are subject to Winter Kill. We have had many complaints over the past several years.

This year we will be recommending that Appomattox producers try the varieties recommended for North of James River. These varieties are : Norline, Compact and Pennwin. Availability of seed will be difficult. Pennwin would be my first choice--it's a higher yielder, stands better and has more winter hardiness. However, it is 3 to 6 days later; seed will be hard to find. We've grown Compact oats before-they are short, but high in total digestable nutrients; it's a good one. There should be some Norline seed available and is described as high yielding, moderately stiff-strawed, medium height, produces white grain of high-test weight.

* * *

A number of farmers have scheduled the use of the zip seeder. If you have need of it, let us know. There is a small charge to cover maintenance costs.

* * *

The fourth Annual Virginia Grape Short Course will be November 1-2 at the Red Carpet Inn, Waynesboro.

The program is designed for the amateur and commercial grape grower.

Programs are available from this office.

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Capitol Comments

By DAN DANIEL, Fifth District, Virginia

During the next two weeks, a couple of events will transpire which are significant to two separate groups of individuals. One will be anticipated with pleasure; the other with something akin to dread. The first affects basically adults; the second, primarily the younger generation. On the surface, they are unrelated; at rock-bottom they are inseparable.

The events are Labor Day and the first day of school.

Labor Day, for most of those who work for a living, is the last long weekend of Summer, a time for one final trip to the beach, or the mountains, or wherever the spirit leads.

The first day of school, for those most directly affected, is the beginning of work for what I recall seemed an endless period. But from the perspective of advancing years, it is not possible to really enjoy the pleasures of work and rest and relaxation without having first experienced the pain of homework and tests.

But, to repeat myself, if the days be different in many respects, they are closely related in one, and perhaps this is the most important fact about either. For in today's world, the individual who is not trained in some manner finds it tough going when the adult years arrive. The uneducated and untrained find themselves at the bottom of the heap in a society which is demanding of skills. There are simply not that many jobs available for the illiterate in today's world.

Regrettably, this has not been recognized in some quarters. In all too many instances, the attitude prevailed that, since all are entitled to access to learning, all must be accorded a piece of paper certifying that they have learned. And like the old song says, "it ain't necessarily so".

It is encouraging, however, that this attitude is falling into disrepute. It is also encouraging that many individuals and institutions are coming to recognize that basic education is not only desirable, but absolutely necessary.

And further, that education is a lifetime experience. I suspect that if you ask the next hundred people you meet whether they are engaged in the work they had originally planned, or even the work they were trained for, not five would say yes.

Machinery has virtually removed the sweat from labor and as this has occurred, more and more people have returned to the classroom to be trained in other careers, sometimes related, sometimes not. More people, too, have found the time to embark on a study of those things which add to the enjoyment of life.

It seems to me, too, that people have acquired a somewhat different attitude toward work lately. From the end of the Second World War until the fairly recent past, there has been a steady and sometimes rapid expansion of the number of jobs available.

Now it is said that our industrial society has reached "maturity", and the increase in jobs will not be so rapid. Because of this, a lot of people who have said in the past, "I can always get a job if I have to," are discovering it is not all that easy anymore. And they are thinking twice about not accepting work, or about quitting work casually.

Work, in short, is acquiring the attractiveness which is often accorded something in short supply. And in one respect, this is good. For work is respectable, it can be dignified, whatever its nature, and it is desirable not only to the individual who receives money for labor but for the nation as a whole.

For work is what provides us with a national standard of living which exceeds all other nations. And it provides a personal standard of living which permits us to enjoy life if we will. And coming full circle, it provides the wherewithal that our own children can be educated, which brings us around to the unity of Labor Day and Back-to-School Day.

It is an altogether pleasing thought.

Amherst Schewel's Store Named Outstanding

The Schewel Furniture Store in Amherst has been named Schewel's "Outstanding Store of The Year" for Schewel's fiscal year April 1, 1978 to April 1, 1979.

The manager of the Amherst store is John Ware who, with his wife and three children, resides in Gladstone.

Ware who was born and reared in Amherst County recently received the "Store Of The Year" plaque from the northern supervisor and secretary of the company, Marc Allen Schewel. Each year one of Schewel's 19 stores is so honored by the company.

The names of the store and the store manager are engraved on the plaque in recognition of overall store performance. The "Store Of The Year" honor is decided by a panel of judges in the home office and is based on points for every category involved in the overall operation of the store.

Ware said he was indeed honored by the plaque and added, "I share this honor with each employee of the Amherst Store, Helen Baschang, our credit manager, Rosalyn Snead and Harlow Lambert our salespeople and Kenneth Maddox and Raymond Carter our delivery people.

Schewel Furniture Company is headquartered in Lynchburg, with stores in fifteen cities in Virginia and North Carolina, plus outlet or clearance centers in Danville, Harrisonburg, Winchester and Culpeper.

The present officers of the company are Bertram R. Schewel, president; Elliott S. Schewel, vice-president; Stanford L. Schewel, second vice-president and Marc A. Schewel, secretary and treasurer, and supervisor of the northern stores, those stores north of Lynchburg, and James Powell of Yanceyville, N. C. is supervisor of stores south of Lynchburg.

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So please, set your home air conditioner at 78° or higher, or no more than 15° cooler than the temperature outside (whichever is the higher setting.)

You can also take these two important energy management steps. First, restrict your weekday use of major appliances during the "peak load" hours of 10 A.M. to 10 P.M. Second, don't overwork your water heater. Use the dishwasher and washing machine only for full loads, and wash clothes in cool water instead of hot.

By following these tips, you'll be keeping your electric bills down, and helping us all make it through the summer without power shortages.

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Special Section for Young Created "Young-Virginians"

In recognition of the International Year of the Child the Times-Virginian is starting a "Young-Virginian" Section in the newspaper. This special section will be for the publication of works by youth in the Appomattox area - such as poems, opinions, short stories, etc. (limited to 250 words), art work and photographs (limited to 5 x 7 inches in size.)

Any young person wishing to have their work published should submit it in typed or printed form to Beck Hudson at the Times-Virginian office on Court St. All works should include the person's name, address and age. Publications are subject to approval by the paper's editorial staff.

Time

By Gloria Wight

I'm not exactly young and not exactly old,
I am time, a passing of minutes and days.

We all seem to watch a clock as the hands
pass the fleeting moments.

As each new day dawns we wake up and say,
What time is it? Well I'm here to give you
some advice about Mr. Time.

We are alive today that is the only day we can live,
Yesterday is gone and tomorrow may never come.
So take time and live it for now.

You may have a dream you want to come true,
Well! How about making that dream come true now,
For if you do not take the chance this moment,
It may not come again.

As the day ends, be happy, love your fellowmen.
Do some good for yourself and others this day,
For time may run out on you.

After-School Snack You Won't Forget

If you have active youngsters who come running home from school hungry for a snack, "Peanutty Tote'Em Cups" is a recipe you'll want to remember. Ready for eating in minutes, these tasty pudding-like snacks are peanutty-rich and dotted with chocolate—sure to be a hit with the kids. You'll enjoy how easy they are to make—it's all done in a blender (even dissolving the unflavored gelatine!), and you can use paper cups to serve them in. Best of all, your youngsters won't forget what a great Mom you are for making this delicious treat for them.

PEANUTTY TOTE'EM CUPS

2 envelopes Knox® Unflavored Gelatine
1 cup cold milk
1 cup milk, heated to boiling
1-1/3 cups peanut butter
1/3 cup sugar
2 cups ice cubes (about 12 to 16)
1/2 cup mini or regular semi-sweet chocolate chips

In 5-cup blender, sprinkle unflavored gelatine over cold milk; let stand 3 to 4 minutes. Add hot milk and process at low speed until gelatine is completely dissolved, about 2 minutes. Add peanut butter and sugar; process at high speed until blended. Add ice cubes, one at a time; process at high speed until ice is melted. Pour into 5-ounce paper cups and stir in chocolate (about 1/2 tablespoon each cup). Chill until set, about 10 minutes. Makes about 10 servings.

A small piece of leftover new carpeting can be tacked or glued onto a block of wood to make a shoe buffer.

Preserve those valuable papers have them laminated at the TIMES-VIRGINIAN, Phone 352-8215

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UNIFORM ROUND-UP

Many children will soon be needing scout uniforms - Boy, Girl, Cub and Brownie. If you have any inexpensive items to dispose of, (including camping gear), please call 993-2839.

If any articles are donated and later sold, proceeds will go into a "kitty" to help outfit a deserving child. Thank you.

Mrs. John W. (Ruth) Torbert
Box 144 XA, Rt. 1
Concord, Va. 24538

Teen Talk

What do teens talk about today? Some say things that might surprise their elders.

Energy was the big debate topic for high school students last year.

For instance, many of the nation's high school students were debating energy independence during the last school year. They were thinking, researching, studying, questioning, eating and sleeping energy since the topic was introduced as that year's debating team subject.

Those high school debating team members developed arguments and evidence supporting federal energy programs based on domestic natural gas, gasohol, conservation, breeder reactors and magnetohydrodynamics. They've also developed arguments and evidence to destroy the logic of each of those programs, in case they're assigned the negative role.

The students found quotable authorities in commercial and energy industry newspapers and magazines, in the U.S. Energy Dept., and in Sun Day literature through its Renewable Citizenship Program.

Today's young people may grow up to inherit a serious energy supply situation. Some of them may be very well prepared.

Sunflower seeds are a good source of protein.

UNDERSTANDING DRUG ABUSE

a health column from the Alcohol, Drug Abuse, and Mental Health Administration U.S. Department of Health, Education, and Welfare

Medicine: Getting the Benefits

Elderly people generally take more medicines, and therefore run a greater risk of having problems with drugs.

But if you learn how to prepare for a visit to your doctor, what questions to ask, how to take your medicines, and what side effects you should watch out for, you can avoid many of the risks and maximize the benefits of your medicines. To guide you, the National Institute on Drug Abuse has prepared these suggestions:

Your Doctor

Tell the doctor all he or she needs to know in order to diagnose your problem and prescribe the proper medication. Bring all the medicines you are using or a list of them, including nonprescription medicines such as aspirin and laxatives. Prepare a list of your allergies and any medicines to which you have had a bad reaction.

Before you leave the office, ask your doctor the name of each drug he prescribes, and what it is for. Ask when, how often, and how long you should take it, and whether there might be any side effects that you should report.

Your pharmacist can provide you with valuable information about the side effects of prescription and over-the-counter medicines and may be able to give you easy-to-open caps instead of the child-proof ones.

A System

To get the most benefit from prescribed drugs and to reduce the risks, take them according to direction. Taking several different medicines at different times during the day can be complicated and hard to remember. Organize a system that will make it easier.

Some people use check-off charts. Others count out their pills for the day each morning and put them in a cup. But some medicines such as nitroglycerin lose their strength if exposed to air. Others must be kept refrigerated. Ask your pharmacist which method would be correct for you.

Side Effects

To stay as healthy as possible, pay attention to how your body responds to medicines and be sensitive to side effects.

If you take several drugs each day, you might experience unusual combination effects. Some such interactions are planned for by doctors to your advantage; others can cause problems. If you experience bad side effects, your doctor may be able to prescribe a substitute drug.

A folder and film, "Elder-Ed: Using Medicines Wisely," have been prepared by the National Institute on Drug Abuse to help you maximize the benefits you get from your medicines. The folder is available for $2.50 from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. To arrange for a loan of the film, write RHR Filmedia, 1212 Avenue of the Americas, New York, NY 10036

Registrations For PP&K Continue

Registrations for the 1979 Punt, Pass & Kick Competition, co-sponsored locally by the Appomattox Jaycees and Lawson Ford, Inc., continue to roll in. The contest, open to any youngster 8 through 13 years of age, has become a success throughout the country.

Any boy or girl who meets the age requirements and who can punt, pass and kick a football - or who'd like to try - will want to compete. Participants compete only against others their own age, and there is no body contact.

No special equipment is needed and participation does not impair a youngster's amateur standing. Each youngster competes in three categories - punting, passing and kicking. Judges score one point for each foot the ball travels on the fly, minus one point for each foot the ball lands to the right or left of the center line.

Youngsters, accompanied by a parent or guardian, may register for PP&K at any participating Ford Dealer. There is no entrance fee.

"I will speak ill of no man and speak all the good I know of everybody."
Benjamin Franklin

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ATTENTION ADULTS

ADULT EDUCATION PROGRAM FOR APPOMATTOX COUNTY
(All Classes Are To Be Taught By Qualified Instructors
And Are Sponsored By The Appomattox County School Board)

REGISTRATION - By Phone: Call 352-8253
By Mail: Return Form Below

FIRST SEMESTER CLASSES 1979-1980

COURSE	TIME	CLASS BEGINS	LENGTH OF COURSE	COST	LOCATION
Adult Basic Education					
Adult Basic Class (Classes for adults who did not finish High School and who desire to work toward securing the State Equivalency Certificate)	Tu & Th, 7:00-9:30 p.m.	Tuesday, Sept. 18	140 hours	FREE	Adult Education Center at Appomattox Elementary Sch.
General Adult Education					
Art (Drawing & Painting)	Thursday, 7:00-9:00 p.m.	Thursday, Sept. 20	20 hours	$15.00 plus cost of materials	ACHS Art Department
GED Review Class (for adults who want to take the high school equivalency examination	Tu & Th, 7:00-9:30p.m.	Tuesday, Sept. 18	55 hours	$30.00 (includes books)	ACHS, Room 303
Physical Education (Men)	Mon & Th, 7:00-9:00p.m.	Monday Oct. 29	40 hours	$7.50	ACHS Gym
Physical Education (Women)	Monday, 7:00-9:00p.m.	Monday, Sept. 17	24 hours	$5.00	AMS Gym
Vocational and Technical					
Auto Mechanics (Beginners only, men and women)	Tuesday 7:00-9:30p.m.	Tuesday Sept. 18	25 hours	$15.00	ACHS, Power Mechanics Dept.
Bricklaying	Tu & Th, 7:00-9:30p.m.	Tuesday, Sept. 18	50 hours	$15.00	ACHS Masonry Department
Farm Machinery Repair (Appomattox)	Time and date to be announced				Vo-Ag Dept. AMS
Sewing, Beginning	Tuesday, 7:00-9:30p.m.	Tuesday, Sept. 18	25 hours	$10.00	ACHS Home Ec. Dept.
Sewing, Intermediate and Advanced	Thursday, 7:00-9:30p.m.	Thursday, Sept. 20	25 hours	$10.00	ACHS Home Ec. Dept.
Shoplifting Prevention Clinic	Tuesday, 6:30 - 9:30p.m.	Tuesday, Nov. 27	3 hours	$2.50	ACHS D. E. Department
Supervisory Leadership	Monday, 6:30-9:00p.m.	Monday Sept. 17	15 hours	$7.50	ACHS D. E. Department
Typing, Advanced	Tu & Th, 7:00-9:00p.m.	Tuesday, Sept. 18	48 hours	$15.00	ACHS Business Education Dept.
Typing, Beginning	Tu & Th, 7:00-9:00p.m.	Tuesday, Sept. 18	48 hours	$15.00	ACHS Business Education Dept.
Upholstery	Tuesday, 7:00-10:00p.m.	Tuesday, Sept. 18	25 hours	$10.00	Home Economics Dept., ACHS
Young Farmers (Young men 18-35 years of age)	Contact Vocational Agriculture Department at ACHS for information concerning this class - Phone 352-7146.				
Woodworking	Tuesday, 6:30-9:30p.m.	Tuesday, Sept. 18	30 hours	$15.00	ACHS, Vo-Ag Department

NOTE:
1. Appomattox County School Board reserves the right to cancel a class if less than ten (10) persons enroll for a class.
2. Enrollment fees to be collected by instructor at first class meeting.
3. Persons are to pre-register for a class by calling 352-8253 during the hours of 8:30-5:00 or by mailing the registration form below.
4. Persons interested in a class not offered, please contact R. B. Carter, Adult Education Coordinator, at 352-8253 and give information about class desired.

REGISTRATION FORM

Mr.
Mrs.
Please enroll Miss _____ in the following course
First Middle Last
_____. Telephone number _____
Course Name
and address of enrollee _____.

Mail to: Adult Education Coordinator, Appomattox County School Board, P. O. Box 548 Appomattox, Virginia 24522.